February Middle and High School Lunch

NUTRITION SERVICE SUPERHE

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Milk- 1% White, and Non-Fat Chocolate, offered daily				2222		2 types of fruit, offered daily
2 Black bean patty, offered daily	3 Naked Nuggets Mashed Potatoes Broccoli Salad	4 Grilled Cheese Queso Tomato Soup Dip Fresh Salsa	5 Chicken Egg Rolls Asian Slaw	6 BBQ Pulled Turkey Sandwich Elote Salad	7 French Bread Pizza Cucumber and Tomato Salad	8 Hydration stations are in all cafeterias at no charge
9 Gluten free bean and rice burrito, offered daily	10 PRESIDENTS DAY Lincoln's Day (Observed) NO SCHOOL	11 Oven Roasted Wings Carrots and Celery w/Ranch Elote Salad	12 Heart Nuggets Smile Fries Coleslaw	13 Carne de Cerdo w/Tortilla Chips Elote Salad	14 Rotini w/Meatballs Cucumber and Tomato Salad	15 BLT wrap, Salad, Rice bowl, Ch burger w/grilled onion, Spicy Chicken w/ lettuce & tomato, Homemade Burrito w/ beef, chicken, carnitas or bean & cheese, offered daily
16	17 PRESIDENTS DAY Washington's Day (Observed) NO SCHOOL	18 Tinga w/Flour Tortillas Refried Beans Fresh Salsa	19 Corndog Potato Salad	20 Philly Cheesesteak Broccoli Salad	21 5" Round Pizza Cucumber and Tomato Salad	All grains are whole-grain rich (51% or more of the grain in whole grain, the remaining grain is enriched)
23	24 Naked Nuggets Mashed Potatoes Broccoli Salad	25 Grilled Cheese Queso Tomato Soup Dip Fresh Salsa	26 Chicken Egg Rolls Asian Slaw	27 BBQ Pulled Turkey Sandwich Elote Salad	28 French Bread Pizza Cucumber and Tomato Salad	



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